



Staff Breakfast

Day 1

Bakery

Butter croissant
Orange marmalade
Almond croissant

Breakfast power fuel

Overnight oats with passion fruit and cacao nibs
Natures valley granola bar

Yogurt

Vanilla yogurt

Fruit

Diced fruit salad

Beverage

Still water

Day 2

Bakery

Butter croissant
Apricot jam
D'isigny butter AOP

Breakfast power fuel

Chia seed pot with coconut milk and mango
Natures valley granola bar

Yogurt

Strawberry yogurt

Fruit

Diced fruit salad

Beverage

Still water

Day 3

Bakery

Butter croissant
Strawberry jam
D'isigny butter AOP

Breakfast power fuel

Overnight oats with banana and walnuts
Natures valley granola bar

Yogurt

Apricot yogurt

Fruit

Diced fruit salad

Beverage

Still water



Staff Cold Lunch

Day 1

Bakery

Soft roll
D'isigny AOC butter

Superfood salad

Quinoa, butternut, black rice and rocket with mustard dressing

Daily Wrap

Roast beef with horseradish and rocket wrap
Or
Grilled vegetables with goats cheese wrap

Dessert

Lemon posset with strawberry compote

Snacks

Trail mix
Cheese and crackers

Beverage

Still water

Day 2

Bakery

Soft roll
D'isigny AOC butter

Superfood salad

Sweet potatoes, lentils, spinach and pomegranate with maple dressing

Daily Wrap

Roasted chicken Caesar in wrap
Or
Red Leicester with chili jam and rocket in wrap

Dessert

Mango Key lime cheesecake

Snacks

Trail mix
Cheese and crackers

Beverage

Still water

Day 3

Bakery

Soft roll
D'isigny AOC butter

Superfood salad

Wild rice, cherry tomatoes, avocado, zucchini and arugula with lemon dressing

Daily Wrap

Veal ham with Emmental wrap
Or
Falafel and tzatziki wrap

Dessert

Blueberry buttermilk tart

Snacks

Trail mix
Cheese and crackers

Beverage

Still water



Staff International Lunch

Option 1

Day 1

Bakery

Selection of bread rolls, loaves and Arabic bread

D'isigny AOC butter, virgin olive oil
EK Stock, aged balsamic EK Stock

Superfood salad

Butternut squash with quinoa, black rice and rocket with mustard dressing

Hot dishes

Seafood cioppino

Or

Vegan mapo tofu with oyster mushroom and steamed rice

Dessert

Lemon posset with strawberry compote

Snacks

Trail mix

Beverage

Still water

Day 2

Bakery

Selection of bread rolls, loaves and Arabic bread

D'isigny AOC butter, virgin olive oil
EK Stock, aged balsamic EK Stock

Superfood salad

Sweet potatoes with lentils, baby spinach, pomegranate seeds and maple dressing

Hot dishes

Roast chicken supreme with mushroom orzotto

Or

Vegan eggplant and zucchini lasagna

Dessert

Mango Key lime cheesecake

Snacks

Trail mix

Beverage

Still water

Day 3

Bakery

Selection of bread rolls, loaves and Arabic bread

D'isigny AOC butter, virgin olive oil EK Stock, aged balsamic EK Stock

Superfood salad

Grilled zucchini with wild rice, cherry tomatoes, avocado, arugula and lemon dressing

Hot dishes

Shepard's pie with petit pois

Or

Vegan spicy kebabs with grilled vegetables and rice

Dessert

Blueberry buttermilk tart

Snacks

Trail mix

Beverage

Still water



Staff International Lunch

Option 2

Day 1

Bakery

Soft pau bread
Amul butter

Salad

Kachumber
Raita
Mixed pickle

Hot dishes

Chicken biriyani
Or
Vegetable biriyani

Dessert

Rasgulla

Snacks

Trail mix

Beverage

Still water

Day 2

Bakery

Soft pau bread
Amul butter

Salad

Kachumber
Raita
Mixed pickle

Hot dishes

Himachali chaa gosht with steamed
basmati rice
Or
Malai kofta with steamed basmati rice

Dessert

Rasgulla

Snacks

Trail mix

Beverage

Still water

Day 3

Bakery

Soft pau bread
Amul butter

Salad

Kachumber
Raita
Mixed pickle

Hot dishes

Butter chicken with steamed
basmati rice
Or
Paneer butter masala with
steamed basmati rice

Dessert

Shahi tukda

Snacks

Trail mix

Beverage

Still water